MEDICAL ASSOCIATES OF NORTH GEORGIA

Pain Clinic Director: Steven M. Lobel, MD Board Certified: PM&R and Pain Medicine **Program Director:** Medical Associates Pain Medicine Fellowship

Specializing in Interventional Spine and Sports Medicine

Dear Dr.

We are considering performing a neuraxial Injection (ie: Epidural Injection, Nerve Root block, etc.) on your patient for the management of their pain; however, they are currently on the following anticoagulation medication (listed below):

The American Society of Regional Anesthesia Guidelines on neuraxial procedures and anti-coagulation indicates that medication should be held as follows:

Coumadin (Warfarin) **5** days prior PT/INR can be checked in office Clopidogrel (Plavix) **7** days prior We cannot stop if stented in last 12 months Ticlodipine (Ticlid) 10 days prior Effient (Prasugrel) **7** days prior Pradaxa (Dabigatran) 2 – 4 days prior (Depends on CrCl) Aggrenox 3 days prior, but should take baby aspirin those 3 days Brilinta (Ticagrelor) **5** day-Rivaroxaban (Xarelto) 24 hours prior

For Coumadin: While the non-spine related surgical literature suggests a goal INR of 1.5, the neuraxial data shows that epidural hematomas can still occur at that level of anti-coagulation. Therefore, my goal is INR <1.3 prior to any neuraxial procedure.

The patient may remain on Aspirin 81-325mg.

We would like to know if this medication can he held for this procedure? o YES o NO Could this patient come off medication 2 to 4 times per year as needed? Please note, we do not do a series of injections and would repeat the procedure if effective every 3-6 months. o YES o NO

COMMENTS:

Patient:_____

Date:

Signed by: _____

After completing this form, please fax it back to Medical Associates of North Georgia.

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