Medical Associates of North Georgia 320 Hospital Rd. Canton, GA 30114 (770) 479-5535

Sleep Oximeter Instructions

Your physician has ordered an overnight sleep oximeter to measure your oxygen level while you sleep.

To start the monitor, press the button with the 'X' over it. A red light will appear on one of the sensors. Place the red light on the nail of the finger you wish to use and the other sensor under the finger. There are tabs on the white part of the sensor labeled "pull here." Remove the white liner to expose the adhesive side and press the wings together on your finger.

Wear the sensor on your finger all night. When you get up the following morning, remove the sensor and press the button with the 'X' to turn the monitor OFF.

If during the night the monitor beeps, make sure that the cord is attached securely to the monitor and the sensor is aligned correctly on the finger nail.

Please return the monitor to Medical Associates of North Georgia the following day.

If you have any questions prior to starting, please contact our office at (770) 479-5535.